

YOU SPONSOR THE ATHLETE,

*Let Onrise take care of
the mind*



Onrise delivers mental health care for athletes and outdoor professionals who push limits in extreme conditions.

PEER SUPPORT FROM PEOPLE WHO GET IT

Connect with former athletes and high-performers who understand the unique challenges of performance-focused lives.

LICENSED CARE WHEN YOU NEED IT

Therapy, psychiatry, and clinical support available virtually with appointments typically within 48 hours.

24/7 CRISIS & CONCUSSION SUPPORT

Immediate support during difficult moments, plus specialized care for concussion recovery and return-to-performance.

WHAT ONRISE PROVIDES YOUR ATHLETES



PEER SUPPORT

Connect with former athletes who get it.



THERAPY & COUNSELING

Licensed clinicians available virtually.



24/7 CRISIS SUPPORT

Immediate help, anytime, anywhere.



CONCUSSION RECOVERY CARE

Guidance and support from injury to full recovery.



CONFIDENTIAL & COMPLIANT

HIPAA-compliant platform. Your privacy is our priority.

SUPPORT FOR THE WHOLE ATHLETE

Athlete development goes beyond physical performance.

Onrise provides confidential support for performance pressure, injury recovery, identity, burnout, isolation, relationships, and life beyond sport.

Because helping athletes reach the next level means supporting more than training alone.



CARE ANYWHERE

Access support wherever training, competition, or adventure takes you.



FIRST SESSION WITHIN 48 HOURS

Quick access so athletes don't have to wait.



ONGOING SUPPORT THAT ADAPTS

Care that evolves with every season and challenge.



onrisecare.com



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Ready to elevate your athletes wellbeing?

Let's build a healthier, mentally stronger team together.

ONRISE
Mental Health Care for Athletes